Monthly Newsletter





FOCUS OF THE MONTH

Pharmora has been getting in the festive spirit, decorating the office Christmas trees, going out for a Christmas meal, and of course, going to see the classic British Festive event; a pantomime! AWARENESS OF THE MONTH

It was World Aids Day on the 1st of December, so we are taking the opportunity to highlight and inform about the condition through a series of masterclass blogs, the first of which will be showcased in this Newsletter!

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BLOG OF THE MONTH

Coming up at the end of the year is the implementation of the updates to the Windsor Framework! Unsure of what that means? <u>Read on to learn more</u> about our helpful blog on the subject!



CONFERENCE OF THE MONTH

This month was the Bionow Oncology and Precision Medicine two-day conference at Alderley Park!

<u>Read on to learn</u> about Pharmora's involvement as Gold Exhibitors...

Christmas at Pharmora

As the nights get longer and the days shorter, the festive season approaches. This is the time of year when we all need to take every opportunity we can to have fun and celebrate, as the dreary weather can put a dampener on peoples moods, quite literally.

We had our Christmas meal early in the month, enjoying a great time together at a local Macclesfield restaurant. Although the weather outside was indeed frightful (it was windy and rainy), it was a lovely warm atmosphere for the Pharmora meal inside!



We all had a lively evening as our Director treated us all to a drink, there was even singing involved from some of our scientists! And the festivities didn't stop there...

Decorating for the season

We spruced up our Christmas tree together this year.

Our scientists added the baubles and tinsel one by one every time they came through to the office reception desk, during our busy working period.

Pharmora's first pantomime!

We all took a trip out to the pantomime this year! For some of our scientists it was their first time seeing one since they were little, and for some it was even their first time ever seeing one!

Everyone got involved, helping out the characters on stage with the classic shout "he's behind you!".

It was great fun and a real laugh being entertained with pop songs by a man dressed up as a jester! All in all, it was an experience which we would love to repeat next year.

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VOL.8 DEC 2024

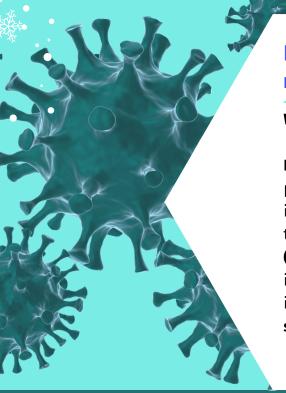
HIV Awareness

On the 1st of December it was World HIV Awareness Day, a day where we can draw attention to and try to dispel the stigma surrounding HIV and AIDS.

HIV stigma can be a dangerous thing; it can lead to people being reluctant to get diagnosed, and even to people refusing to take their medications. This can impact not only the people who are HIV positive, but people they could infect by being more virulent.

So let's take this opportunity to learn more about it, through the first in Pharmora's HIV masterclass series!





HIV masterclass (1)

By Josh Bryning

What is HIV/AIDS?

Human Immunodeficiency Virus (HIV) is a retrovirus that attacks a person's immune system, in turn affecting their ability to fight off infections and diseases. More specifically, HIV targets CD4 cells (a type of white blood cell). Acquired immunodeficiency syndrome (AIDS) is a disease that occurs in the most advanced stage of HIV infection and refers to a number of possibly life-threatening infections and illnesses that happen when a person's immune system has been severely affected by HIV.

How does HIV get into the human body?

HIV is transmitted via exchange of blood, seminal & vaginal fluids, or breast milk with another person carrying the disease (transmission can be essentially prevented by reducing the "**viral load**" and achieving "**viral suppression**", but more on this in another blog, so keep your eyes peeled!). HIV can be diagnosed by tests looking for **HIV antibodies** in a person's blood. If there are HIV antibodies present in a person's blood, they will be **HIV positive**, meaning they have the disease. There is currently no cure.

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VOL.8 DEC 2024

The Windsor Framework

The end of the year 2024 is fast approaching, and with it, the deadline for the implementation of the updates to the Windsor Framework!

What is the Windsor Framework?

The Windsor Framework is a post-Brexit legal agreement which modifies the current 'Northern Ireland Protocol'.

What is the purpose of the Windsor Framework?

For medicines regulations there will be new rules in the UK.

These new rules will be vital to know in the pharmaceutical and safety industry, <u>so read our blog to learn all about them!</u>



DECEMBER CONFERENCE RECAP

This month we had a few conferences to attend.

Our CMO, Dr Steph Jones, and one of our medics attended the Faculty of Pharmaceutical Medicines Annual Symposium in London.

She was then joined by our Director and two of our scientists at the Bionow Oncology conference at Alderley Park.

Both were great events to round-up the year!

Thank you for taking the time to read our Newsletter, look forward to next month's instalment!



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VOL.8 DEC 2024

