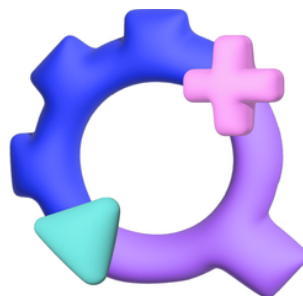


PHARMORA

Spring Newsletter



VOL. 11 SPRING 2025



Our last newsletter was released in early 2025, and since then we've had a surge in project requests for our Clinical Development and Pharmacovigilance services. It's been a busy period, but we found the time to enjoy a creative away day and the spring weather has been remarkable! We hope you enjoy this, our Spring newsletter – feedback and suggestions are always welcome.



FOCUS OF THE MONTH

Mental Health Awareness Week is an annual event which is designed to raise awareness and understanding of mental health and people's mental health conditions.

This year it is between
Monday the 12th and Sunday the 18th of May.

[Read More](#)



AWARENESS OF THE MONTH

In 2025, May is designated as Bladder Cancer Awareness Month. The World Bladder Cancer Patient Coalition (WBCPC) leads this campaign, focusing on raising awareness about bladder cancer, its symptoms, and the importance of early detection. The theme for 2025 is "Feeling Unsure? Get Checked".

[Read More](#)

Industry News

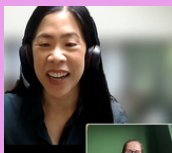
Our local Regulatory Agency, MHRA, have been very busy!
[Read more about their pioneering work below.](#)

CONVERSATIONS WITH INDUSTRY LEADERS

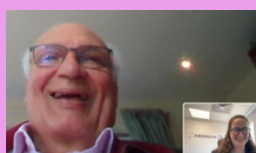
Since our last newsletter our Founder and CMO Dr Stephanie-Jayne Jones has caught up with several other industry leaders. Click each photo below to read more!



Professor Alan Boyd,
Past President of
Pharmaceutical
Medicine
of the
Royal College of
Physicians



Dr Sue Lim,
ex FDA Regulatory
Specialist Consultant



Dr Saad Shakir,
former Director of the
Drug Safety Research
Unit

CONFERENCE OF THE MONTH



On the 21st and 22nd of May, Steph and our President, Ian, attended the [Pharmacovigilance Europe Conference & Expo #London](#), where Steph was delighted to be a panelist.

Click [here](#) to read Steph's comments on her LinkedIn page.



Bladder Cancer Awareness Month

In the UK, May is designated as Bladder Cancer Awareness Month. This annual campaign aims to raise awareness about bladder cancer, encourage early detection, and provide support for those affected.

[Macmillan Cancer Support](#) and [Action Bladder Cancer UK](#) are among the organizations involved in promoting awareness during this time. Pharmora [DSJJ1] is pleased to support this campaign, and has recently discovered that one of the Phase III studies we supported has announced positive results – bringing a new treatment for bladder cancer one step closer to patients! Read our linked in post [here](#).

This links to the information blog we posted on urological cancers. If you missed it here it is: [Link](#)



Mental Health Awareness Week

By the Pharmora Mental Health First Aiders

In May, we at Pharmora supported Mental Health Awareness Week which took place between the Monday the 12th to Sunday the 18th of May

Our Mental Health First Aiders asked the staff to come to work wearing green and we all went for a picnic in the park.

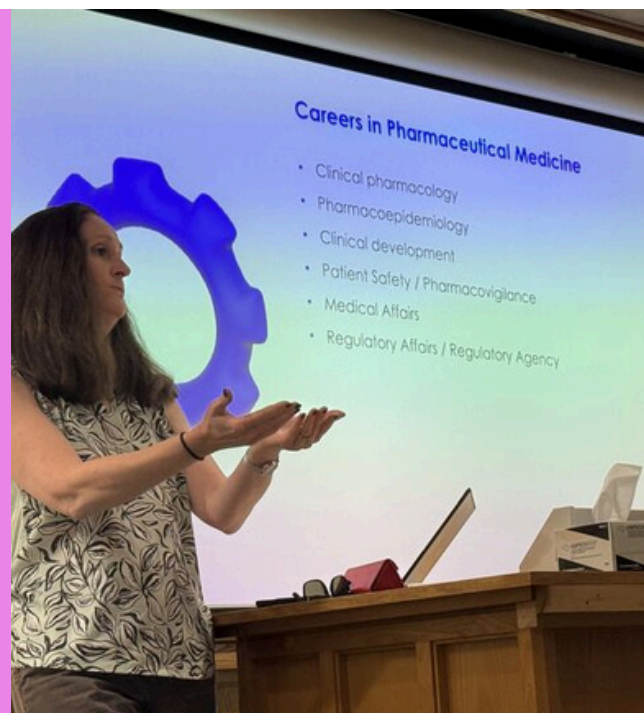
Empathy and understanding should always be kept in mind when discussing mental health in the workplace. Just being a non-judging listening ear can make a big difference to someone struggling with their mental health. Education and open discussion can go a long way in reducing the stigma that often surrounds mental health issues. For more information be sure to visit [the mental health awareness website](#).



Careers in The Pharmaceutical Industry

Steph visits the University of Oxford

In the stunning surroundings of [University of Oxford](#) discussing careers in the pharma industry with biomedical science students. Here is Dr Stephanie Jones with the hard core at the end of the session, and with [Pharmora Limited](#) President, [Ian Pinches](#) looking around beautiful [Magdalen College School, Oxford](#) (keeping off the grass!)



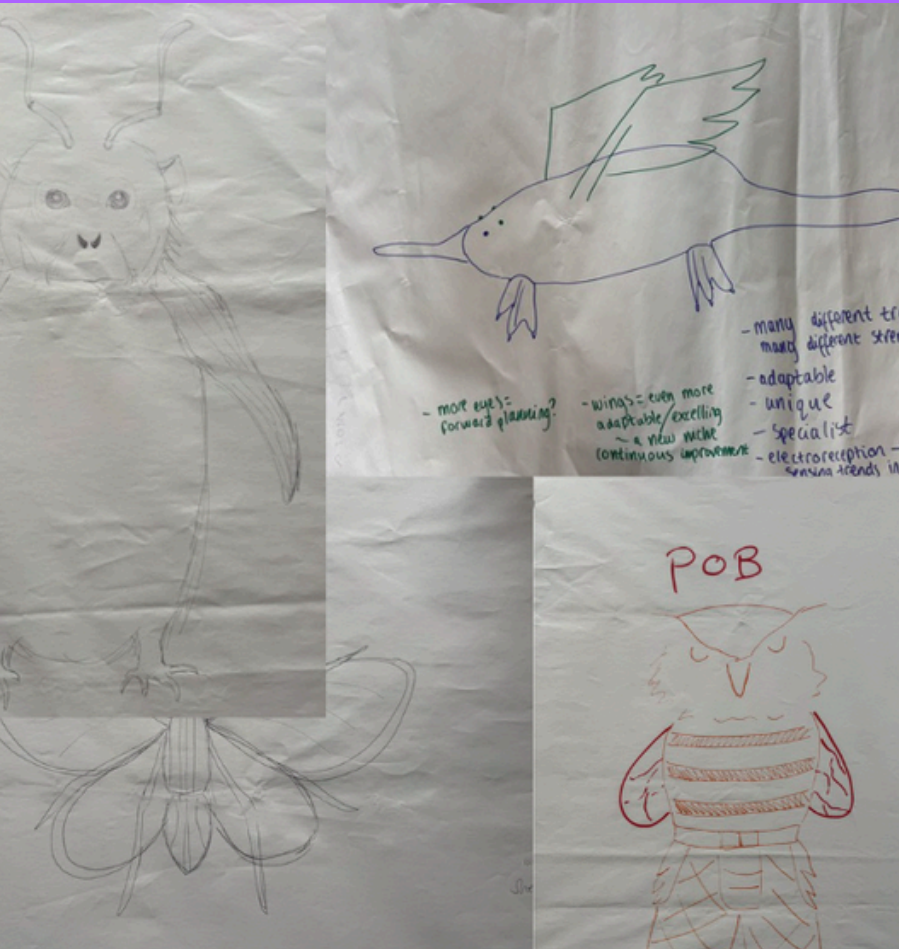
Industry News

MHRA have published guidance to help devices manufacturers understand their reporting obligations: [Please click here to read more.](#)

The deadline is approaching for manufacturers of medicinal products with licences in the UK to finalise their packaging! MHRA published guidance in April to help manufacturers apply for product licences: [Click here to read the guidance.](#)

MHRA have beaten their targets for regulatory review time, making the UK a great place to apply for your product licences! [See the post on LinkedIn](#)

[Other pioneering work from our local agency can be found by clicking here](#)



Life at Pharmora Our Away Day

What is a “Penguantee”?

The Away Day kicked off with Pharmora President, [Ian Pinches](#) giving the team a business update, including an outline of all the recent requests for medical support from new clients.

Then there was some refresher training, and one of the experienced scientists, [John O'Brien](#) presented some tips on signal evaluations.

After lunch it was time to get creative! (See photos!) Each team designed a creature to represent the current Pharmora culture, and their vision of the future. There were amazing ideas, such as the “Penguantee” – a cross between Penguin, Ant and Chimpanzee (representing resilient/friendly/adaptable, team-work/diligent, and curious/intelligent). There was a general theme of team-work and flexibility, with the team being proud of how they can adapt to different ways of working and different tasks.

[Read More](#)

Empowering Women in Biotech

Steph was honoured to be invited to speak on a panel at this conference, and to attend the other presentations and panel discussions, which she says were engaging, thought-provoking, enlightening, uplifting and inspiring.

[Click here](#) to read her LinkedIn Post



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Congratulations to our President !

On Saturday the 26th of April, Ian Pinches, took part in the 'Born Survivor' Challenge at Capesthorpe Hall.

We are all very proud of him for completing the challenge in 1 hour and 43 minutes.

Well done Ian! Scroll down to read his account of the day.....



My Born Survivor Experience, Ian Pinches

Completing Born Survivor on Saturday 26 April 2025 was the toughest physical challenge I've undertaken, as you may be able to tell from these pictures.
I'm currently on a health drive, applying the same long-term thinking and planning to my own life that I have used in business over the last 32 years. I've made some strong progress; click to read about my progress and my insights...

I've neglected aspects of my health and, although fairly fit, by the end of last year I was fifties 'fit fat' in my own opinion. It's all too easy to eat and drink poorly when focus is lacking and time is short.

I started to track my food on an app and joined a superb local class based gym in Macclesfield, RISE, last December. I've been supplementing gym with regular walks, extending runs and occasional cycle rides. But, at the suggestion of RISE's "Chief Ninja", Jon Hall, I set myself a goal of completing a military grade 10 km obstacle course "Born Survivor" at Capesthorpe Hall in Cheshire, as this would focus my mind and give my training a goal. In total, some 40 entrants entered from RISE (of the many hundreds of runners) so it was a team effort from the beginning.

I found two things as I went around the course:

1/ There was a tremendous sense of camaraderie. In the last section of the course, I was physically helped over three of the last 10 obstacles. Having cramp while facing 10' high wall is some challenge! I was dragged over the top by other competitors. The sense of 'being in it together' and the bonds that were quickly built through the shared experience really brought into focus the power of teamwork.

2/ I was able to dig deep! Why? In my view, because I had committed.

I completed the course in 1:43, coming in 3rd from the 40 RISE entrants! It took a while to fully recover from the strains, cuts and bruises, but this is a good price to pay for the knowledge and confidence that I now have in my own physical ability, but more than that, the satisfaction and thrill that came from working together to successfully overcome the very toughest of physical obstacles.

To date, I've lost 20lbs since the start of February. I have a way to go, but it's enough to be noticed which provides encouragement. Wish me luck as I am aiming to lose another 20lbs!

I commend you to three things: set personal and team goals, focus relentlessly and constantly support each other through challenges, thick and thin.



MARK YOUR CALENDAR!



What would you like us to spot-light in the next Newsletter?
please send your suggestions by 13th June 2025

[Send us your suggestions - Contact Us](#)

**Thank you for taking the time to read our Newsletter,
look forward to our next instalment!**

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